

# Pitcher Registration

Player's Name: \_\_\_\_\_

Do you take pitching lessons?

Yes

No

Pitching Instructor's Name: \_\_\_\_\_

Do you practice during the week, outside of pitching lessons?

Yes

No

If yes, how long per practice?

30 to 45 minutes/practice

1 Hour/practice

> 1 Hour/practice

If yes, how many times per week do you practice?

One time/week

One to two times/week

Two times/week

Two times to three times/week

Three times/week

More than three times/week

How many years have you been pitching?

2 years

3 years

4 years

5 years

More than 5 years

Do you pitch travel ball or recreational ball?

Travel Team Name: \_\_\_\_\_

Recreational

Both

What other activities do you participate in during the year?

HS or AAU Basketball

HS or Travel/Open Volleyball

Dance

Gymnastics

Cheerleading

Skiing or Snow Boarding

Musical lessons

Other: \_\_\_\_\_

What type of pitches & accuracy do you throw?

Pitch Type

Fastball

Change-Up

Rise Ball

Drop Ball

Screw Ball

Cruve

Drop Curve

25% to 50 %

25% to 50 %

25% to 50 %

25% to 50 %

25% to 50 %

25% to 50 %

25% to 50 %

50%

50%

50%

50%

50%

50%

50%

Accuracy of Pitch

50% to 75%

50% to 75%

50% to 75%

50% to 75%

50% to 75%

50% to 75%

50% to 75%

> 75%

> 75%

> 75%

> 75%

> 75%

> 75%

> 75%

Has your fastball been recently clocked?

Yes

No

How fast?

50 to 55 MPH

55 to 60 MPH

60 to 65 MPH